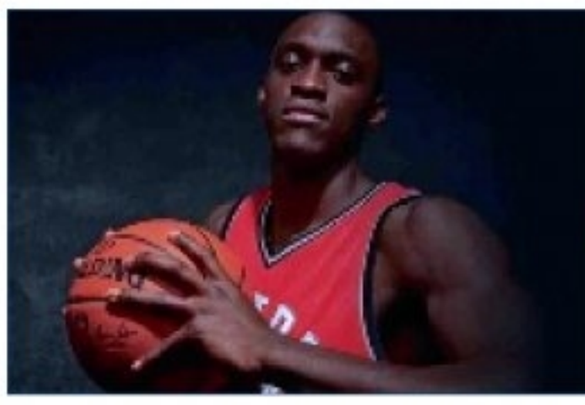

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‘End road violence now’

TORONTO’S DEADLY STREETS

Advocacy group is Canadian first, and has a clear message

Luke Simcoe
Metro | Toronto

From left: Kasia Briegmann-Samson, David Stark and Yu Li are the founding members of Friends and Families for Safe Streets, a new advocacy and support organization. EDUARDO LIMA/METRO

Toronto needs to re-open talks on its road safety plan in the wake of “a particularly tough year on our streets,” Coun. Mike Layton says.

Sixty-five people — including 36 pedestrians and one cyclist — have been killed on Toronto roads so far in 2016, eclipsing last year’s total of 64. November is typically one of the worst months for road fatalities, meaning the death toll is virtually guaranteed to climb.

“We can open up decisions that have been made if the evidence changes,” Layton said.

“We need to make sure we’re actually trying to achieve Vision Zero, and if we’re not getting there — and obviously we seem to be going in the opposite direction — then we need to do something about that.”

Layton’s comments came after the launch of Friends and Families for Safe Streets, a new advocacy and support organization consisting of people who have been injured or lost loved ones as a result of traffic collisions.

The group is the first of its kind in Canada.

Flanked by supporters carrying signs proclaiming “end road violence now,” Friends and Families for Safe Streets’ founding members gathered outside City Hall Tuesday morning.

“We are an organization to turn our anger and grief into action to bring about meaningful changes that improve safety for all users of Toronto’s streets so that others don’t have to experience the same tragedy that happened to us,” said Yu Li, whose friend Zhiyong Kang was killed by a drunk driver while cycling on Finch Avenue in 2015.

Li and his colleagues said Toronto’s new $80-million road safety plan — which aims to reduce serious injuries and deaths on our streets by 20 per cent in 10 years — is inadequate.

“We think it’s a start, but it’s not enough,” said David Stark, whose wife, Erica, was killed by a driver who jumped the sidewalk in 2014.

“We would have liked the city to fully embrace Vision Zero and that hasn’t happened.”

Members of the group are calling on the city to lower speed limits on roads outside the downtown core, enact stiffer fines and sentences for drivers who kill or injure other road users and stop “victim blaming” pedestrians for wearing dark clothing or crossing mid-block.

“As the fourth largest city in North America and the largest city in Canada, Toronto needs to be a leader in urban road safety,” said Kasia Briegmann-Samson, whose husband, Tom, was killed by a hit and run driver in 2012 while cycling to his job as a schoolteacher.

SUPPORT

In addition to pushing the city to take road safety more seriously Friends and Families for Safe Streets is also offering a peer support group for anyone who has been injured or lost a loved one as a result of a traffic collision.

The group’s first meeting is Nov. 20. For more information, visit ffsafestreets.org or call 416-642-9395.

“The 65 deaths we’ve already seen this year means real kids have lost a parent, loving parents have buried their child and close friends have been lost without a goodbye. These are not numbers; these are lives. Kasia Briegmann-Samson

“Serious injuries and fatalities are not accidents. They are the result of negligence, either on the part of operators of vehicles or other road users or the negligence of the designer of our traffic infrastructure. Yu Li

“The worst thing I’ve had to do in my life is to sit my children down next to me and tell them that their mother had died that day. David Stark

PHOTOS: EDUARDO LIMA/METRO

Young Raps take the floor

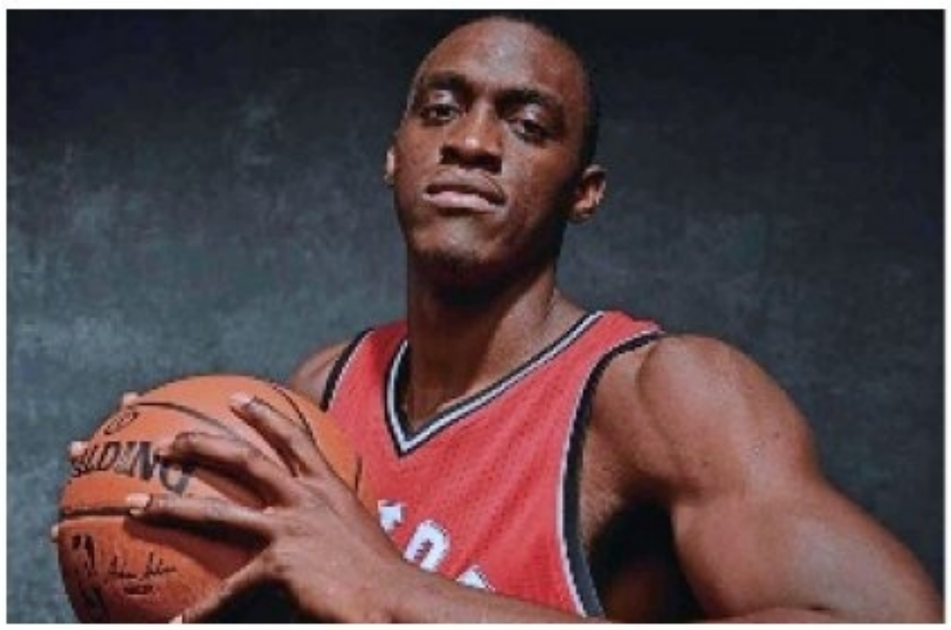
In the words of their global ambassador Drake, the Raptors have to start from the bottom Wednesday as they kick off the 2016-17 campaign. Off the back of their best season ever, the Raps have acquired plenty of fresh talent. Here's a look at some of the new names on the roster. **GILBERT NGABO** METRO

1 Jared Sullinger

The 24-year-old, six-foot-nine power forward was the biggest acquisition of the summer for the Raptors, coming to Toronto from the Boston Celtics. The rebounding machine has said his ability to snag balls above the rim stems from "this thing behind me called my butt that my mom gave me."

2 Fred VanVleet

Meet the newest Raptor. Standing only six feet tall, VanVleet's defensive prowess helped him edge out some other hopefuls for a spot in the lineup. Probably the shortest Raptor, he'll be the fourth option to run the floor behind Kyle Lowry, Cory Joseph and Delon Wright.



3 Pascal Siakam

This year's 27th draft pick from Cameroon may be the Raptors' best shot at filling Bismack Biyombo's big —quite literally — shoes. You'll find him on social media mostly under the hashtag #DoingItForYou, a tribute to his father who died in a car accident in 2014 without seeing his son's dream of playing in the NBA come true. Fun fact: Siakam initially planned to become a Catholic priest.

4 Jakob Poeltl

The 21-year-old stands seven-foot-one, a stature that's sure to help him back up the Raps' other big men: Jonas Valanciunas and Lucas Nogueira. The University of Utah product distinguished himself as a prolific scorer and rebounder, which earned him the Kareem Abdul-Jabbar Award last season. The Raptors drafted him ninth overall, making him the first player ever drafted from Austria.

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SOCCER

Toronto FC joins playoff party

Gilbert Ngabo
Metro | Toronto

Here comes another moment for Toronto, this time in the form of the beautiful game.

After yet another gruelling 34-game season, Toronto FC is headed into the Major League Soccer playoffs for the second time in franchise history. Playing host to the Philadelphia Union Wednesday at BMO Field, team captain Michael Bradley and his squad will try to get over last year's hump and advance to the conference semifinals.

On paper, the do-or-die game should be an easy affair. Toronto beat Philadelphia 3-1 in August, and the two teams split the spoils in the return game last September. Riding on the exploits of stars Sebastian Giovinco and Jozy Altidore, the Reds have put up their best season ever, earning the No. 3 seed in the East with a 14-9-11 record. At home, they conceded only three defeats.

TFC's Benoit Cheyrou goes up for the header with John Campbell of the Chicago Fire. TORSTAR NEWS SERVICE

Much like the Blue Jays and the Raptors, the city is embracing TFC's newfound success, with hundreds of fans expected to participate in a March to the Match and a pre-game party concert outside the stadium, starting 5:30 p.m.

Now that Auston Matthews is breathing new hope into the Leafs, is it too much of a stretch to expect a championship parade in Toronto soon?

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Call for city core to be 're-indigenized'

INDIGENOUS RIGHTS

Public spaces could be used for awareness

Gilbert Ngabo
Metro | Toronto

Does Toronto need to "re-indigenize" its public spaces? A group of local activists thinks so.

With the city developing a long-term plan for parks and public realm as part of the TOCore study, members of the local Aboriginal community see an opportunity to re-introduce Toronto to the values of indigenous culture.

Dozens of indigenous leaders, together with city urban designers and members of the consulting team for TOCore will gather Wednesday in Toronto for a dialogue on how to do exactly that.

Re-indigenizing public spaces can mean planting medicinal herbs, removing exotic invasive species or looking at how to grow traditional foods, such as beans, corns or squash, in a given area, said Kevin Best, one of the organizers of the event.

The shores of the Humber River are one area local Aboriginal activists say could be re-indigenized. TORSTAR NEWS SERVICE

"In the parks and public spaces of Toronto, there needs to be a place for indigenous people to gather in ceremonies, fire and council," Best said.

"We shouldn't have to get permission to do those gatherings. It's our right from the United Nations declaration on the rights of indigenous people."

The event is a part of the ongoing series known as "Indigenize or Die," a monthly get-together along the Humber River, where local Aboriginal people discuss the world through an indigenous lens.

GET INVOLVED

A meeting about re-indigenizing Toronto's public spaces takes place Wednesday at Ontario Institute for Studies in Education (252 Bloor St. West) starting at 6:30 p.m. There's a suggested $15 donation fee.

Since the publication of the findings from the Truth and Reconciliation Commission, Best said there is a growing awareness of issues affecting indigenous people. But that hasn't been translated into public policies just yet, he said.

"This conversation is a very good beginning for the city to get a better understanding of what indigenous people want," he said.

FOOD

Hunger hub in T.O. makes global waves

A global battle against hunger is waged every day from the small Action Against Hunger office in Toronto.

The Canadian branch of the humanitarian organization, dedicated to eliminating both the cause of hunger and its effect, leads an initiative called SMART, which stands for Standardized Monitoring and Assessment of Relief and Transition.

Kennedy Otieno, a nutrition expert from Kenya and the regional coordinator for the SMART project in eastern Africa, is one of only three people who work full time to train organizations on how to use it.

"It's a few select people, and Kennedy is one of them. The waves that it makes around the world are really huge," said Danny Glenwright, the executive director of Action Against Hunger Canada.

Otieno will be a guest speaker in Toronto on Wednesday at the Food for Action Nightcap, a fundraiser for the organization taking place at George Brown College.

"The main aim is to determine the magnitude of the problem — how were malnutrition levels in that particular population, or how was the mortality rate in that particular population," said Otieno.

Nutrition expert Kennedy Otieno. ZOE FREGOLI/TORSTAR NEWS SERVICE

"From there, these are the results that will be used to advocate for the most relevant interventions for that particular community."

Otieno has worked with Canadian non-governmental organizations in crisis zones like Nigeria, Syria, Haiti and South Sudan where he provided nutrition assessments and responses. TORSTAR NEWS SERVICE

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Airbnb versus affordability

HOUSING

Site cutting into rental housing in low-income areas, critics say

May Warren
Metro | Toronto

Critics of short-term rentals are pointing to a pair of homes on Toronto's Sherbourne Street as the latest example of how sites like Airbnb are reducing the amount of affordable rental units in low-income areas.

At least fourteen units at 250 and 246 Sherbourne Street are available for rent on Airbnb, as well as on the website Mina's Guesthouse.

Reviews on Airbnb show guests from Germany, England and Chile have stayed at the properties. It's not clear if there are also long-term units in either home.

Landlord Arya Niggeh is the owner of the two homes. Contacted by Metro, he refused to comment.

Other cities, including San Francisco and New York, have passed policies limiting the use of short-term rental services. No such policies exist in Toronto, meaning there's nothing illegal about putting entire apartment buildings up for rent on Airbnb.

A staff report recommending studying how to regulate short-term rentals goes to the city's executive committee Wednesday, but recommendations won't make it to council until 2017.

Affordable housing advocates like Kenneth Hale, legal director of the Advocacy Centre for Tenants Ontario, worry about what's happening to vulnerable tenants in the meantime.

"It just doesn't seem like the city is recognizing the urgency of this housing slipping away," he said.

Sherbourne, traditionally a low-income neighbourhood in Toronto, has seen other affordable rental units turned into so-called "ghost hotels."

Earlier this month, Torstar News Service reported about a former rooming house on Sherbourne Street that was converted into short-term rentals and listed on Airbnb.

Airbnb spokesperson Christopher Nulty said the company continues to work with the city to develop "fair, sensible home sharing rules."

According to a study released Tuesday by Airbnb, only 760 listings out of 9,500 in Toronto are used enough to compete with long-term tenants.

But Geordie Dent with the Federation of Metro Tenants' Associations, said the buildings on Sherbourne are a "classic example" of short-term rentals taking a bite out of the rental market.

While the mayor has put forth several recent initiatives to tackle housing affordability, this is "all being completely undone" by sites like Airbnb, Dent said.

There are at least 14 units in 250 (not shown) and 246 Sherbourne Street (shown here on the right) advertised on the short-term rental site Airbnb. EDUARDO LIMA/METRO

+ LAWSUITS

Airbnb maintains it's in favour of reasonable regulation, but it's sued three North American cities that have tried to impose regulations so far, San Francisco, Santa Monica and New York.

BYLAWS

Rooming houses in the hot seat

When Wanda Wloch moved into her Rexdale home in 1983, the area was like other subdivisions filled with single-family homes. But over the years, dozens of neighbouring homes were sold to profit-minded investors who divided them into multi-residential units for students attending nearby Humber College, Wloch says.

With limited low-cost housing options, similar student enclaves are cropping up in the city, experts say. In North Etobicoke, that has turned a once quiet community into one disrupted by "wild drunken parties," drugs, and vandalism, says Wloch.

"City hall needs to take appropriate action to prevent these deplorable conditions from continuing," she says.

City staff say legal, licensed rooming houses are the answer.

"A licensing bylaw provides the city with additional tools to protect the health and safety of tenants in multi-tenant houses, as well as mitigate the impact on the surrounding community," says a staff report that Mayor John Tory's executive committee will consider Wednesday.

TORSTAR NEWS SERVICE

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Icy falls an expensive problem

CIVIC SERVICES

About $6.7M in annual liability claims, public health says

May Warren
Metro | Toronto

Seniors are especially vulnerable to falls on icy sidewalks, says advocacy group CARP. TORSTAR NEWS SERVICE FILE

Winter is coming. With it comes snowy and icy sidewalks that not only send thousands to the emergency room but also costs the city $6.7 million a year in liability claims, according to a new report from Toronto Public Health.

Almost 30,000 people went to the emergency room and 2,800 landed in the hospital because they took a tumble on snowy winter sidewalks from 2006-2015, the report says.

Monica Campbell, director of healthy public policy at Toronto Public Health, said she was "a bit surprised" at the numbers, and wants to remove barriers to walking.

"We want to make sure that people have opportunities to be physically active, and one of the easiest ways to do so and the cheapest as well is to be able to walk," she said.

Toronto Public Health is suggesting the city do more to protect residents from falls by lowering the threshold for sidewalk snow clearing from eight centimetres to two centimetres.

Slippery sidewalks are an especially troubling issue for seniors. Falls involving the elderly can be "catastrophic" even if they do recover without any permanent injuries because it can make them afraid to venture outside, said Anthony Quinn, director of public affairs at CARP, which advocates for older adults.

"That fear of falling causes them to be less active, which causes them to become weaker and actually increases their chances of falling again, and sustaining an injury," he said.

Nancy Smith Lea, director of the Toronto Centre for Active Transportation, suggested spending more on snow clearing could potentially save the city money in the long run by reducing the number of liability claims.

"That seems to me like it would be a really wise use of resources," she said.

51

Median age of the 30,000 people who visited emergency rooms from 2006 to 2015 because of falls on snow or ice.

8

Percentage of those hospital trips considered to be dealing with life-threatening injury.

$4M

Cost of slips and falls due to ice, annually, to Ontario's health care.
TORONTO PUBLIC HEALTH

Cemetery offers life in midtown T.O.

RECREATION

Mount Pleasant attractive spot for its greenery

Mount Pleasant Cemetery on a Saturday afternoon is alive and bustling with walkers, joggers, bikes and strollers.

The sprawling property, which covers more than 800 square metres from Yonge Street to Bayview Avenue just south of Davisville Avenue, does attract its share of mourners. But more and more visitors come in search of some much needed greenery in midtown Toronto.

"It feels like a little hub of escapism," said Rachel Cooke, who discovered the cemetery just a few months ago, and now stops by for a walk at least once a week.

"Once you enter, the trees surround you and you leave the outside world behind and it gives you time to deflate," Cooke said. "I think there is something different from spending time walking through there than a regular park.

"It gives you a lot of perspective and appreciation for life."

Mitchell Kosny, interim director at Ryerson University's School of Urban and Regional Planning, said cemeteries have become a part of the public realm after years of being sealed off, private places.

"The space has always been there," said Kosny, who often runs through Mount Pleasant.

"What's changing is the sense of the ownership of cemeteries ... We, in cities, are more diverse, our beliefs and our faiths about living and dying are different, and I think we have a different sense of what that space is and how we use it." TORSTAR NEWS SERVICE

Runners like the free space amid the stones. TORSTAR NEWS SERVICE

TRAFFIC

Mayor weighs bikes vs. business on Bloor

Mayor John Tory says he won't rush to judgment on the Bloor Street bike lane, after some business owners complained that the new cycling facility is hurting their sales.

Some store owners in Korea Town are blaming the separated cycle track for a drop in business, citing the reduction of on-street parking.

The lane was installed in August as a one-year pilot project. It required removing roughly 135 parking spaces on Bloor, but there are still about 860 spaces in parking lots adjacent to the route.

> **We are doing this in a responsible manner.**
> John Tory

Speaking to reporters Monday morning at an unrelated news conference about the Green P parking app, Tory said that the city is "rigorously and continuously monitoring all aspects" of the bike lane pilot, and that he would wait until all the studies are complete before deciding whether to support making it permanent.

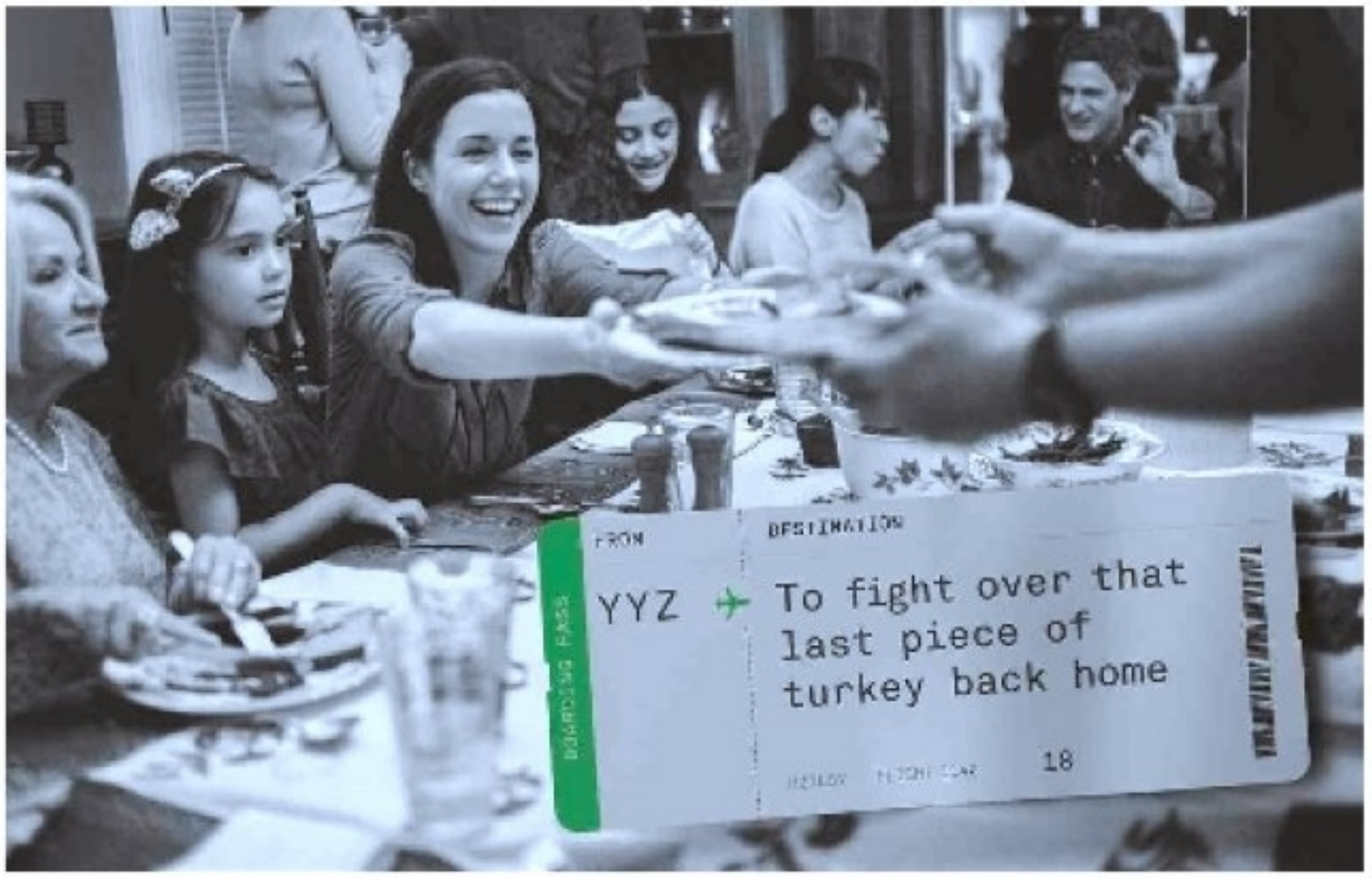
"We are doing this in a responsible manner. We are measuring everything that can be measured vis-à-vis the impact on pedestrians, cyclist, cars, businesses, and (neighbourhoods). And we will look at that information at the end of the time, which is about 10 months from now, and make a decision," he said.

The mayor said that he has visited with local business owners twice, and that they had mixed opinions on the lane. While some reported fluctuations in sales, "none of them said it was a catastrophic decrease or a euphoric increase," Tory said.

The mayor has yet to visit Korea Town, however, where some shop owners say their businesses are more dependent on drivers than their counterparts in the nearby Annex.

Tory did say that the Toronto Parking Authority could "do a better job" of advertising its lots in the area.

The 2.5-kilometre separated bike lane runs between Shaw Street and Avenue Road and cost $500,000.
TORSTAR NEWS SERVICE



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Where are the women?

POLITICS

Pay equity panel gaffe highlights need for better representation

Emma Jackson
Metro | Ottawa

The absence of women on most House of Commons committees comes down to "a supply problem," according to Equal Voice.

The federal finance committee took some heat last week when its lone female member was missing from a pre-budget consultation in Charlottetown.

A public delegate tweeted the irony of presenting her pay equity concerns to a panel of men — which, she added, didn't ask any follow-up questions.

Finance committee member and Pickering-Uxbridge MP Jennifer O'Connell had been away that week. Her absence was notable as the only woman on the 10-member committee, which has been hearing from public witnesses on budget-related issues since late September.

Conservative MP Lisa Raitt was also a member until recently, when she stepped down to consider a crack at the Tory leadership. The Conservatives replaced her with MP Gerard Deltell.

Equal Voice spokesperson Nancy Peckford said it's not surprising the Conservatives didn't choose a female replacement.

"There's simply not enough women left over among the remaining female members to fill those committees," Peckford said.

There are only 88 women in the House, a mere 26 per cent.

Seventeen of those are Conservative, while 50 are Liberal.

The Liberals are especially pinched: They have the most committee spots to fill, and 27 of their female MPs are already cabinet ministers and parliamentary secretaries.

It's a problem that reaches far beyond just one committee.

Most standing committees include only one or two women. And two — the Access to Information, Privacy and Ethics committee and the Industry, Science and Technology committee — have none at all.

Only the Status of Women and special pay equity committees have female majorities.

This dismal representation highlights a broader need to get more women into elected office in the first place, Peckford said.

"This is really a question of investing in future generations and women candidates," she said.

O'Connell said she'd like to see more women join finance committee, but she defended the ability of her male colleagues to address things like pay equity just as well as her.

"My colleagues care about women's issues," O'Connell said. "I'm not always the only one raising things about women in the workforce."

The Liberals announced earlier in October they will introduce legislation compelling federally-regulated industries to give women equal pay for equal work, affecting about 874,000 employees.

But the legislation won't be tabled until the end of 2018, drawing criticism from labour rights advocates who worry there won't be enough time to pass it before the 2019 election.

In 2011, Statistics Canada found that women's salaries were 72 per cent of men's.

PROTEST

Youth turn their backs on Trudeau

Dozens of delegates at a youth labour forum turned their backs Tuesday on Prime Minister Justin Trudeau, using body language to express their frustrations with everything from global warming to so-called precarious work.

As Trudeau began taking questions from two of the forum's hosts, some delegates began to heckle and jeer while several rows of young people turned to face the back of the room, prompting harsh words from the prime minister himself.

Their actions sent the wrong signal to the other young people in the room, Trudeau told his detractors.

"It is a little bit frustrating for me to come in, sit down, look forward to hearing from you, talking with you, and seeing a room full of people who are standing in a way that shows they're not listening," he said.

"And I think it reflects poorly on everyone who does want to listen and engage."

While Trudeau was applauded and cheered by some for defending himself, several delegates shouted back, calling the PM a "hypocrite" and holding signs reading "Keep the Promise."

Protesters turn their backs on Prime Minister Justin Trudeau in Ottawa on Tuesday. THE CANADIAN PRESS

Many of the delegates were upset with the Liberal government's support for the controversial Trans Pacific Partnership trade deal, as well as Finance Minister Bill Morneau's recent comments about "job churn."

This past weekend, Morneau told Liberal party insiders in Niagara Falls that the government needs to prepare for high turnover and short-term contracts among youth because such jobs are here to stay.

"How do we train and retrain people as they move from job to job to job? Because it's going to happen. We have to accept that," Morneau said.

The comments prompted cries of arrogance from the opposition Conservatives and New Democrats, who accused the finance minister of lacking an understanding of Canada's youth unemployment problem.

Many young people at Tuesday's forum, which was organized by the Canadian Labour Congress, voiced frustration about their employment prospects, and booed as Trudeau also suggested that precarious work — including jobs with no pensions — is a fact of life.

THE CANADIAN PRESS

Ontario nurse charged in eight deaths

Friends and families of elderly residents who died in care facilities in Southwestern Ontario between 2007 and 2014 are reliving their pain all over again.

Police laid eight first-degree charges on Tuesday against registered nurse Elizabeth Tracey Mae Wettlaufer, 49, of Woodstock, who is accused of murdering eight elderly nursing home residents between 2007 and 2014.

All the victims were nursing home residents in the Woodstock and London area over a seven-year period.

At a packed news conference, police said that Wettlaufer allegedly used drugs to end the lives of the eight residents. Police would not say if nursing home records showed that drugs had gone missing.

> **This investigation is now being treated as a multiple homicide.**
> William Renton

"This investigation is now being treated as a multiple homicide," said Woodstock police chief William Renton on Tuesday morning at a news conference.

"Eight victims have been identified," he added.

Wettlaufer has been charged with eight counts of first-degree murder and arrested. She appeared in court at the same time the press conference on her arrest was held, police said.

Police said they believe Wettlaufer also worked at other long-term care facilities in the province. Investigators could not specify which facilities, nor would they speak to a motive.

TORSTAR NEWS SERVICE

Elizabeth Tracey Mae Wettlaufer CITYNEWS TORONTO/ THE CANADIAN PRESS

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Pakistan Prime Minister Nawaz Sharif talks to a survivor of an overnight attack on the Police Training Academy at a hospital in Quetta, Pakistan on Tuesday. THE ASSOCIATED PRESS

Pakistan reels from attack

TERRORISM

Volatile mix of militant groups and sectarianism causes bloodshed

Pakistan is reeling from yet another deadly assault, after militants wearing suicide vests rampaged through a police academy in the southwestern city of Quetta, battling for four hours before blowing themselves up and leaving 61 people dead.

The ability of militants to breach security and kill with ferocity has confounded the country. Extremists have been carrying out numerous attacks for years, killing military personnel, police, school children and worshippers kneeling in prayer.

One reason is the sheer number and variety of extremist groups, some of which have been battling the military in a bid to bring down the government.

Another intertwined reason is the state's complicated relationship with extremists. The powerful military has a history of using some militants to target neighbour and rival India, and successive governments have sought to win political support from hard-liners by promoting and cultivating extremist ideologies. Then there is also Pakistan's connection with generations of militants involved in the more than 30 years of constant warfare in neighbouring Afghanistan.

WHERE IT ALL BEGAN

When the Soviet Union Russians invaded Afghanistan in 1979, Pakistan became the staging arena for the mujahedeen, or Islamic holy warriors, who fought the Russian occupation in one of the last great Cold War battles.

MILITANT GROUPS

Now a multitude of militant groups are flourishing, championing a variety of causes.

Some have declared war on the Pakistan government and military. Examples are the Pakistani Taliban, or Tehrik-e-Taliban, and breakaway factions like Jamaat-ul-Ahrar. Other groups, like Lashkar-e-Tayyaba and Jaish-e-Mohammed, focus on fighting Pakistan's neighbour and rival India.

STATE RESPONSE

Despite repeated denials, Pakistan's army is still often accused of being selective in which groups it cracks down on. Pakistan's government has devised a National Action Plan aimed at curbing militancy but many complain its implementation has been erratic.

THE ASSOCIATED PRESS

AUSTRALIA

Malfunctioning ride kills four at theme park

Four people including a young mother and her brother were killed Tuesday after a river rapids ride malfunctioned at a popular theme park on Australia's east coast, officials said.

Two men and two women died while on the ride at Dreamworld, a park on Queensland state's Gold Coast, Queensland police officer Tod Reid told reporters.

Two children who were in the raft were hospitalized, Queensland Premier Annastacia Palaszczuk said Wednesday. THE ASSOCIATED PRESS

FRANCE

Migrants 'very sad' as crews demolish makeshift camp

A migrant enjoys the moment before leaving a makeshift camp near Calais, France, on Tuesday. EMILIO MORENATTI/THE ASSOCIATED PRESS

Crews in hard hats and orange jumpsuits on Tuesday started dismantling a makeshift camp in France that has become a symbol of Europe's migrant crisis while thousands of people remained there waiting to be relocated.

The workers used their gloved hands to tear down flimsy plywood shelters, tarp-covered huts and other temporary buildings at the camp in the port city of Calais known as "the jungle." Backhoes, construction dumpsters and trucks carted off the debris.

The demolition took place under the watch of police officers as authorities are emptying the camp of an estimated 6,300 people who have been living there, down from a height of 10,000 this summer.

"I'm very sad. It's our home here … We can't feel anything, even life." Ahmed Anwar, 28, of Sudan, said as backhoes tore up the first dwellings. "No one cares about us."

Local officials said the demolition work would be lengthy given the delicate task of clearing the camp by hand and with small machines. Extra precautions are being taken to make sure no one is inside the structures and that workers are not injured.

Earlier in the day, police were deployed to keep order among young migrants as French authorities entered the second day of a planned weeklong mass evacuation and closure of the camp.

Dozens of migrants pushed barriers and jumped over railings to get to the temporary processing centre at the camp, the first step to being relocated elsewhere in France and the chance to apply for asylum.

Most identified themselves as unaccompanied minors with relatives across the English Channel in the United Kingdom.

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metro VIEWS
Your essential daily news
Wednesday, October 26, 2016

TIM QUERENGESSER ON CBC'S UNFAIR ADVANTAGE

New federal funding isn't paying for journalists in the hinterlands. It's further solidifying the Corp.'s dominance of the mobile news pie, to the loss of everyone.

Back in June 2014, when the Canadian Broadcasting Corporation lost the rights for Hockey Night in Canada, Canada's private news media's future was set, more or less, to "Screwed."

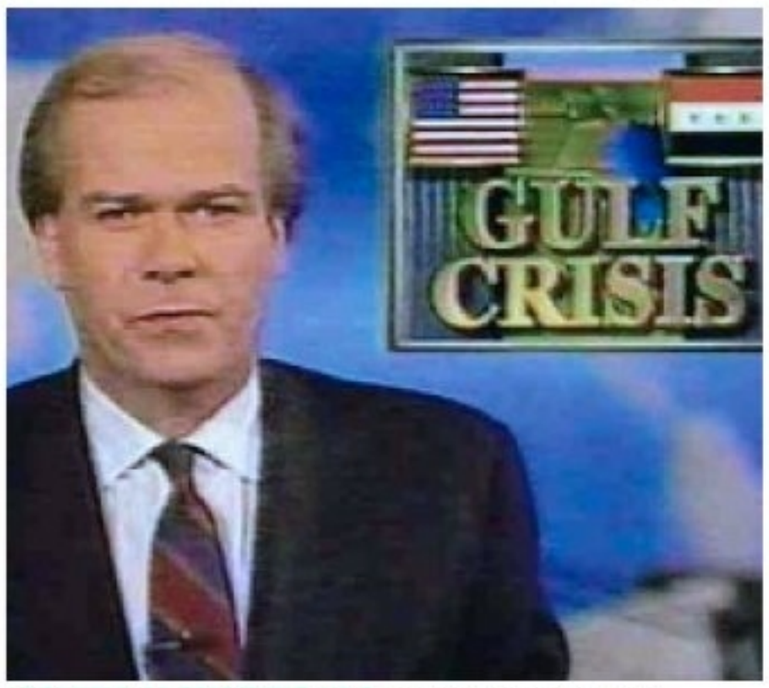
The Ceeb was losing its fattest revenue vein and entering survival mode just as news reportage was migrating to smartphones from newspapers, televisions, radios and desktop computers. It was then, as the broadcaster looked to reinvent itself, that all of us should have demanded its mandate be revisited — for every other news organization's sake.

Two years later, without that re-examination, the CBC's future is healthy while its competitors in privately owned print news cling to life. The reason: the CBC's wholesale migration to the mobile web, by way of which our tax dollars are underwriting print news (and now even newspaper-like opinion) for the price — zero — that most Canadians are willing to pay to read such stuff on their iPhones.

Last month, Canada lost the 111-year-old weekly print edition of Maclean's (it will now only publish weekly online, monthly in print) as part of the slow-motion cull in print news caused by advertising dollars flocking to other platforms. And last week, Postmedia announced it will lance 20 per cent from its salary load, which means more reporter losses on top of the 800 full-time jobs it has already shed in 2016.

Meanwhile, the Liberals have goosed the CBC's budget by $75 million this year and $150 million in years to come.

Is it really in Canada's best interest that a taxpayer-funded corporation is helping accelerate private media's demise?



1991 WAS ALONG TIME AGO The last time the CBC's mandate was revised, Peter Mansbridge looked like this.
TWITTER

Ordinarily, I'd celebrate this with a craft beer during my nightly enjoyment of As it Happens. But I can't.

The new federal money isn't saving the mythical, journalists-in-the-hinterlands CBC. It's further solidifying the Corp.'s dominance of the Canadian mobile news pie, to the loss of everyone, including the non-broadcast newspapers and news websites, which are so vital to Canadian democracy.

And, yes, that means Metro, too.

The CBC's mandate was last revised in 1991. Unsurprisingly, the words "digital" and "online" don't appear. Instead, the mandate notes the CBC "should provide radio and television services" (in other words, the "broadcast" part of CBC) and should deliver these services "by the most appropriate and efficient means."

Let's think about that. Radio and television services can be many things, but they definitely aren't written web stories aimed at smartphone readers (though, to be fair, the CBC effectively used the web as an actual broadcast tool with the recent Rio Olympics, during which Canadians web-streamed hundreds of hours of coverage).

So when the CBC moves to increasingly monopolize the national, print-based smartphone audience, devaluing what the public thinks such news costs to produce, while simultaneously slashing regional newsrooms (in Edmonton and myriad other smaller markets, it's a running joke that few hold the high-pay title of "reporter" any longer), I have to cry foul.

While other media struggle to find new ways to pay journalists, the CBC simply continues to lure talent with a publicly funded alternative. Recently, it announced it will soon pay high word rates for opinion columns from outside contributors. Result: The usual publications in which I'd pay more to read this more exclusive, analytical stuff — The Toronto Star, The Globe and Mail, the National Post and a million of their smaller-market siblings — all just received a publicly funded kick while they're already down.

Let's be clear: Private media has to figure out its own future. As Postmedia's recent numbers show, print advertising isn't going to save us. But as we reinvent ourselves, is it really in Canada's best interest that a taxpayer-funded corporation is helping accelerate our demise — one so seemingly precipitous that some have suggested newspapers also receive public subsidies?

No. The CBC's mandate needs to reflect the reality of today, not 1991, when a floppy disk could hold just 2.8 megabytes, Knowlton Nash had just retired and the worldwide web was a thing only academics talked about. The CBC's mandate says "broadcaster"; the CBC's actions say otherwise.

Tim Querengesser is the managing editor of Metro Edmonton.

VICKY MOCHAMA

Modest proposal: Black women do all the voting

Beyonce's Formation album and tour, Simon Biles at the Olympics, Michelle Obama's entire existence — black women have given the world so much. So: what if everyone else gave back and let only black women vote?

I find myself in the odd position of casually disenfranchising 90 per cent of Americans to suggest that, perhaps, only black women should go to the polls. Since we've learned that we're comfortable with fascism as long as it's entertaining, I'll make my case.

When I wrote about "nasty woman" t-shirts being a white woman's privilege, I started thinking about how black women actually figure into the presidential election. For black women, it's really not a simple choice. The Clintons do not have a strong legacy of supporting black communities. From Bill's community- and wealth-crushing welfare and crime legislation to Hillary's use of the term "super-predator" to describe black convicts to, more recently, her 2008 campaign's racially coded messaging (e.g., bragging about her support among whites), there are reasons for black women to not vote for her.

It's why a lot of black women joined the hashtag #GirlIGuessImWithHer. Clinton might not demilitarize the police but she at least knows that not all African-Americans live in the inner cities.

Sure, other groups are up to the task of saving democracy. Hispanic voters, most millennial groups and women overall could handily elect Clinton. But only black women would hand Donald Trump a truly humbling loss — a huge defeat, the hugest ever.

According to a YouGov poll, 90 per cent of black women will vote for Clinton (this, despite her having once whipped and nae-nae'd). I'm not sure what's going on with the other 10 per cent, so I'll guess that they're planning a write-in vote for any member of the Obama family, including Bo and Sunny, the dogs.

Ninety-four per cent of black women voted for Barack Obama in 2008 and 2012. In the primaries, Clinton won over 85 per cent of black female votes in states like Texas, Alabama and Georgia. Black women will ride-or-die for Democratic candidates.

The Mothers of the Movement, women who've lost family members to police violence, spoke at the Democratic convention and at campaign stops. Campaign Zero's Brittney Packnett endorsed Clinton. And even black women who don't ride for Clinton per se still voted for her. For example, #BlackLivesMatter co-founder Alicia Garza said to Elle magazine, "I voted for Clinton, but I don't support Clinton. I'm not 'with her' and I don't and won't endorse her."

Considering the threat to democracy and White House décor that Trump represents, let's dispense with suspense. He's going to claim it was rigged; we might as well rig it.

Everyone else can rest easy at home. Black women have got this.

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RECIPE

These fun ideas go beyond the regular treats

These 2 recipes are devilishly delicious, and the kids will have fun making them too.

Pineapple, Carrot and Apple Juice

The kids will never guess this sweet, wicked-looking brew is healthy.

The impressively frothy head comes from juicing the fruits and vegetable from scratch, while we've got the carrots to thank for the thematically appropriate colour.

The result is terrifyingly tasty, especially served chilled in a mad scientist's beaker!

Servings: 1.

Ingredients:
- 1/4 pineapple, peeled
- 2 carrots, peeled
- 1 green apple, cored

Directions:
1. Cut the fruit and carrots into pieces, if needed, and process through a juicer. Use chilled fruit or add ice cubes for a refreshing juice.

Marshmallow Ghosts

A mere 15 minutes is all it takes to scare up a batch of marshmallow ghosts, plus a little waiting time as they cool (you've got trick-or-treaters to cater to anyway).

Gelatin is the active ingredient here, whipped up with corn syrup and sugar until frothy and silky smooth. The classic marshmallow flavour comes from vanilla extract, and black food colouring gives the pillowy ghosts haunted expressions.

Prep: 15 minutes
Cooking: 2 minutes
Cooling: 2 hours
Servings: Makes 6 large marshmallows

Ingredients for the marshmallows:
- Vegetable oil
- 1 tbsp gelatin
- 1/4 cup (60 mL) water
- 1/3 cup (70 g) sugar
- 1/3 cup (75 mL) light corn syrup
- 1/2 tsp vanilla extract
- 1/4 cup (35 g) icing sugar
- 1/4 cup (35 g) cornstarch
- 6 long lollipop sticks or coffee stirrers

Ingredients for the icing:
- 1/4 cup (35 g) icing sugar
- A few drops of water
- Black gel food colouring

Directions for the marshmallows:
1. Lightly oil six ice-pop moulds.

2. In a small saucepan, sprinkle the gelatin over the water and let bloom for 5 minutes.

3. Add the sugar and warm over low heat, stirring until the sugar and gelatin have dissolved. Pour into a bowl.

4. Add the corn syrup and vanilla and beat with an electric mixer until it forms a soft meringue. With a pastry bag fitted with a large tip, fill the ice-pop moulds.

5. Insert a lollipop stick at the centre of each mould and refrigerate for 2 hours.

6. On a plate, combine the icing sugar and cornstarch.

7. Unmould the marshmallows and gently roll in the icing sugar mixture. Shake to remove any excess.

8. Place the ghosts in a tall glass filled with small black and orange pebbles.

Directions for the icing:
1. In a bowl, combine the sugar, water and food colouring.

2. Use a paper cone or a small pastry bag to pipe the eyes on the ghosts.

Keep the marshmallows well wrapped, at room temperature, until ready to serve.
TORSTAR NEWS SERVICE

This sweet, wicked-looking brew is healthy, too, with pineapple, carrot and apple juice. TORSTAR NEWS SERVICE

These marshmallow ghosts are a fun treat for little hands.
TORSTAR NEWS SERVICE

LITERATURE

Thien wins Governor General literary award

For writers, few days get bigger than this.

Madeleine Thien Tuesday won the 2016 Governor General's Literary Award for fiction, worth $25,000, for her novel Do Not Say We Have Nothing. Later, the Montreal-based writer attended the 2016 Man Booker Prize ceremony in London as one of six finalists — and one of two Canadians — vying for the £50,000 ($81,000) award. She was in pole position to end a 14-year Man Booker drought for Canada, according to some bookies who had her listed as 2:1 to win.

Instead, Paul Beatty, author of The Sellout, a satirical novel about modern slavery and a race trial, made history as the first American to win the prestigious prize.

The other Canadian in this year's race was Montreal-born David Szalay for All That Man Is, who was joined on the list by Scotland's Graeme Macrae Burnet for His Bloody Project; Deborah Levy for Hot Milk; and Ottessa Moshfegh for Eileen. Like Thien, Szalay has a Montreal connection — he was born there, but moved to England when he was a year old and now lives in Hungary.

The last Canadian to win both the GG and the Booker prize in the same year was Toronto-Sri Lankan writer Michael Ondaatje for The English Patient, in 1992.

Since, then, two other Canadians have won: Yann Martel was the last in 2002 for The Life of Pi. Margaret Atwood also won in 2000 for The Blind Assassin — along with Ondaatje these are the only Canadian writers ever to win the prize.

For Thien, 42, the impact of Do Not Say We Have Nothing, her fourth book, is astonishing; along with the GG and Booker prizes, it's also been short-listed for the $100,000 Scotiabank Giller Prize which will be awarded on Nov. 7, and the Quebec Writer's Federation Literary Award.

"I think I might be at the limit of excitement," she said in September, the week she found out she was on the Giller and Booker shortlists.

The story begins in Canada where a Chinese family takes in a young woman who fled China after the Tiananmen Square protests, but is mostly set in China, and follows the lives of two generations, musicians whose lives were affected by Mao's Cultural Revolution.

"It felt like it was taking a lot of risks for me," the Vancouver-born writer who now lives in Montreal told the Star in an earlier interview. She'd never tackled an epic scale in her previous books, the "kind of the whole-hearted, no holds barred immersion into China, Chinese culture, language, revolution and a kind of almost Dickensian story-telling" evident in her latest book. TORSTAR NEWS SERVICE

Madeleine Thien
THE CANADIAN PRESS

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ROSE REISMAN THE SAVVY EATER

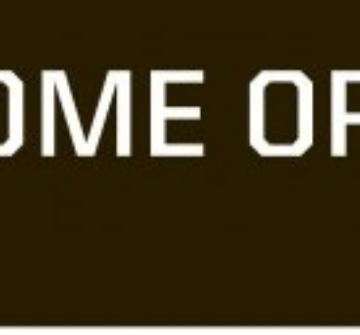
THIS WEEK: Bakery items

Consider a bran muffin to be a healthy breakfast or snack? Think again.

PICK THIS

Butter croissant

Calories 170
Fat 8g
Sugar 3g



SKIP THIS

Raisin Bran Muffin

Calories 320
Fat 14 g
Sugar 21g

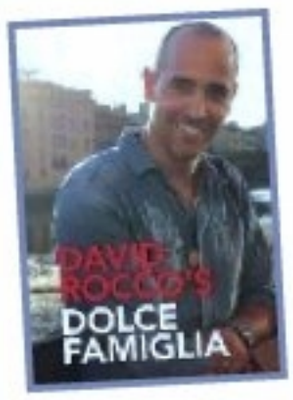
HERE'S WHY

Equivalent in sugar to a Kit Kat bar

Be wary of that bakery basket; even though a raisin bran muffin sounds healthier than a croissant, it's a poor excuse for a healthy breakfast. You hear the words 'bran' and 'raisins' and you think nutritious, but don't be fooled. The excess sugar and oil used counteracts the nutrients of the bran. Believe it or not, the classic butter croissant is a better choice — still not a nutrient-filled breakfast – but if you're deciding between baked goods in the morning, it's a better bet with close to half the calories, fat and virtually no sugar.

BOOK EXCERPT DOLCE FAMIGLIA BY DAVID ROCCO

A sandwich that's sweet



Food Network Canada and TLN star David Rocco is the co-creator and host of David Rocco's Dolce Vita, Dolce Napoli and David Rocco's Dolce India.

Rocco's book Dolce Famiglia celebrates the Italian love of food and family. The tradition, simplicity and a little bit of the chaos of the Italian family table are what Dolce Famiglia is all about. Inspired by the frugal yet comforting traditions of cucina povera, Rocco offers exceptional, delicious Italian recipes that will make you want to head into the kitchen, bang some pots and cook up a storm for your family.

RECIPES AND PHOTOS FROM DOLCE FAMIGLIA BY DAVID ROCCO © 2016. PHOTOGRAPHY BY FRANCESCO LASTRUCCI. PUBLISHED BY HARPERCOLLINS PUBLISHERS LTD. ALL RIGHTS RESERVED.

I love the combination of mascarpone and Nutella. The mascarpone tones down the sweetness of the Nutella and gives it an even more silky, luxurious texture.

I often combine the two on pizza bianca for a delicious dessert pizza. Sweet carrozza is another way to combine the two. It's a spin on the classic Neapolitan grilled cheese sandwich, Mozzarella in Carrozza.

Sweet Carrozza
Serves 6

Ingredients:
- 12 slices white sandwich bread
- Nutella
- Mascarpone
- 2 bananas, sliced into rounds
- 4 large eggs
- 1 tbsp (15 mL) extra-virgin olive oil
- Icing sugar, for sprinkling

Directions:

1. For this recipe, I recommend using a non-stick pan if you have one. For each sandwich, cover one slice of bread with Nutella and the other with mascarpone. It's all quanto basta, so you can take liberties on how decadent you want to make these. Put a few slices of banana on one side and close it up as you would any sandwich.

2. Heat the olive oil in a frying pan over medium heat.

3. Beat the eggs in a shallow bowl. Dip each sandwich in the eggs, completely coating both sides. Working in batches, transfer the coated sandwich to the frying pan, and fry on both sides until golden.

4. To serve, cut each sandwich in half and dust with icing sugar.

ENROUTE

Vancouver eatery best in Canada

Joel Watanabe's restaurant Kissa Tanto, with a blend of Italian and Japanese cuisines, has been named Canada's best new restaurant by enRoute magazine.

It's not the first time Watanabe and business partner Tannis Ling have made the top 10 list. In 2010, the team's French-Chinese brasserie Bao Bei was second.

"We're all pretty thrilled," Watanabe, 40, said from Vancouver. His 1960s Tokyo jazz bar-inspired Kissa Tanto — which means House of Plenty — is located in Old Chinatown on the second floor of a faded building. The 74-seat space opened in the spring.

"There's a bit of a journey getting into this space, but I think people are usually blown away when they get in here," he added, explaining the decor "really harkens to somewhere that is not Vancouver so you feel literally transported."

Kissa Tanto in Vancouver. CONTRIBUTED

"Sometimes dishes tend to feel more Italian and sometimes more Japanese. It's very rare that it's right in the middle," Watanabe said.

The other restaurants on the top 10 list, marking its 15th anniversary, span the country, from Bay Fortune, P.E.I., to Victoria. At FireWorks in Bay Fortune, celebrity chef-turned-innkeeper Michael Smith creates feasts served at communal tables with ingredients foraged from his land and cooked over live fire. In Montreal, restaurateur Jen Agg teamed up with members of Arcade Fire to build Agrikol, a Haitian restaurant with a vibe straight from Port-au-Prince.

Kraken Cru in Quebec City, featuring seafood expertise in a raw bar, is an intimate and homey 12-seat space, while Victoria baker Cliff Leir takes his ethical, all-organic approach a step further with the French-by-Northwest cuisine of Agrius. THE CANADIAN PRESS

LIQUID ASSETS

Wines to help you get in the Halloween spirit

Whoever said Halloween is just for kids hasn't wandered their local liquor store.

There are more wines, beers and spirits with spooky themes than zombies on The Walking Dead. The vast majority are stalking the shelves 365 days a year. Skeletons, skulls, bats, devils, jack-o-lanterns — you name it — someone has slapped the image on a label. Getting their Edgar Allan Poe on just in time for All Hallows' Eve are two Canadian wines from Ontario's Niagara Peninsula.

The 2015 Raven Deep Dark Red VQA ($12.99-$16.99) is a juicy blend of sweet red berries, while the 2015 Raven Wicked White VQA ($12.99-$15.49) is a refreshingly crisp mix of up-front stone fruit.

With a front panel decked out in an unkindness of ravens (yes, that's what they call a group of them), each has a relaxed drinkability perfect for sipping while you wait for the trick-or-treaters. Prices reflect the range across the country. Some products may not be available in all provinces. PETER ROCKWELL/METRO

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Your essential daily news
The new Honda Civic Si will debut at the 2016 L.A. Auto Show next month

The Civic hatchback, all grown up

REVIEW

First hatch in 17 years delivers just like the sedan

Dan Ilika
AutoGuide.com

It's hard to believe it's been almost 17 years since a hatchback version of the Honda Civic was last sold in North America.

Sure, there was Honda's half-hearted attempt at reviving the beloved body style in the early 2000s with the niche three-door Civic Si, but even that was discontinued more than a decade ago, leaving a huge gap in the automaker's lineup. But Honda is ready to make up for lost time with an all-new Civic hatch aimed at fun and function.

In bringing the Civic hatch back to North American shores, Honda has cranked up the car's practicality with the addition of two rear doors. It rides on the same platform as the sedan and coupe models, but measures about 114 millimetres shorter than both, giving the Civic hatch a sportier stance than its stablemates — its wheels sits closer to the corners.

As expected, the Civic's continuously variable transmission displays a moderate amount of the 'rubber band' effect typical when the pedal is pressed hard, but quiets down when cruising.

Driving the twisting roads of Ontario's cottage country put the Civic hatchback's taut chassis to the test and it responded well, behaving more like the coupe than the sedan. Steering feel is still a little numb, but the variable-ratio setup helps tighten it up as the car reaches higher speeds and responds well to input.

The Civic hatch drives a bit like a mash-up of the coupe and sedan, feeling sporty enough to have fun while offering the all-important commuter comfort that's key in this segment.

The front of the Civic hatch's cabin looks and feels a lot like the sedan's, and that's because it is a lot like the sedan's. It looks every bit as modern as the rest of the Civic family but it could benefit from some soft-touch materials in place of the hard plastics found on the doors and dash.

When it comes to safety features, the Civic leads in the segment. Features like cruise control and automatic headlights are standard, while the Honda Sensing suite adds forward collision warning with collision mitigation braking, lane-keep assist and adaptive cruise control.

The car plays into the nostalgia of an entire generation, stirring up high school memories of unadulterated fun. It's a much more mature car now, so it's not the same Civic hatchback we grew up with, but rather a grown up car that's still fun and not too grown up.

THE CHECKLIST | 2017 HONDA CIVIC HATCHBACK

THE BASICS

Engine: 1.5L turbocharged four-cylinder
Transmission: Six-speed manual; continuously-variable auto
Power: 174 hp, 167 lb-ft of torque (manual)
Fuel Economy (litres/100 km: 8.0 city, 6.2 hwy (manual); 7.7 city, 6.0 (CVT)
Price: Starts at $21,390

LOVE IT
- It's a hatchback!
- Manual transmission
- Cargo capacity

LEAVE IT
- Cheap base interior
- Still no volume knob

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This Ford Mustang's a brick house

EUROPE

Germany looks to ban internal combustion engine by 2030

A resolution has passed in Germany's Bundesrat, only zero-emissions vehicles will be allowed or sale on the market after that time. The resolution also encourages the EU Commission to "review the current practices of taxation and dues with regard to a stimulation of emission-free mobility."
JASON SIU/AUTOGUIDE.COM

WHEELS ROUNDUP
News driving the auto industry brought to you by AutoGuide.com

JAPAN

This smart car was fit to print

Honda teamed up with 3D printer Kabuku Inc. to unveil an urban delivery vehicle at CEATEC Japan 2016, featuring 3D-printed body panels. The creation was built for Toshimaya, a company that needed a subcompact van to deliver shortbread in its hometown of Kamakura, which has very narrow roads.
JASON SIU/AUTOGUIDE.COM

ALL PHOTOS HANDOUT EXCEPT ENGINE (ISTOCK IMAGES)

LEGO

Ford Mustang, piece by piece

Built from 200,000 LEGO pieces, LEGOLAND Florida has created a life-sized replica of a 1964 Ford Mustang V8 coupe. The project consists of 194,900 standard LEGO bricks and DUPLO bricks, measuring more than 15 feet long, nearly 6 feet wide and over 4 feet tall. It tips the scales at 1,712 pounds. The replica also includes a virtual horn and the sounds of a real Mustang engine, which is a first for a life-size LEGO vehicle. The project first debuted at the Indianapolis Motor Speedway and now has a permanent display outside the Ford Driving School attraction at LEGOLAND Florida Resort and will replace the onsite Ford Explorer.
JASON SIU/AUTOGUIDE.COM

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*Selling price is $42,875 // $60,375 on a new 2017 TLX SH-AWD® Base (UB3F3HJ) // model shown, a 2017 TLX SH-AWD® Elite (UB3F7HKN). Selling price includes $2,045 freight and PDI, EHF tires ($29). EHF filters ($1), air conditioning fee ($100) and OMVIC fee ($10). License, insurance, registration and taxes are extra. †Limited time lease offer based on a new 2017 TLX SH-AWD® Base (UB3F3HJ) // model shown, a 2017 TLX SH-AWD® Elite (UB3F7HKN) available through Acura Financial Services on approved credit. Representative lease example: 1.9% // 1.9% (2.67% effective APR) lease rate for 48 months (48 payments). Bi-weekly payment is $208 // $258 with $3,200 // $3,200 down payment. 16,000 km allowance/year; charge of $0.15/km for excess kilometres. Total lease obligation is $24,832 // $30,032. Offer includes EHF tires ($29), EHF filters ($1), air conditioning fee ($100), OMVIC fee ($10) and PPSA ($37). License, insurance, registration, options, duties and taxes are extra. PPSA lien registration fee and lien registering agent's fee are due at time of delivery. ‡$5,500 Customer Cash Rebate (CCR) is available on new 2016 TLX SH-AWD® Base (UB3F3GJ), 2017 TLX SH-AWD® Tech (UB3F5GK0) and 2017 TLX SH-AWD® Elite (UB3F7GKN) models when registered and delivered before October 31, 2016. Total incentives consist of: (i) $2,000 that cannot be combined with lease/finance offers; and (ii) $3,500 that can be combined with lease/finance offers. All incentives will be deducted from the negotiated selling price after taxes. Some terms/conditions apply. Model shown for illustration purposes only. None of the features we describe are intended to replace the driver's responsibility to exercise due care while driving. Drivers should not use handheld devices or operate certain vehicle features unless it is safe and legal to do so. Some features have technological limitations. For additional feature information, limitations and restrictions, please visit www.acura.ca/disclaimers and refer to the vehicle's owner's manual. Offers end October 31, 2016 and are subject to change or cancellation without notice. Dealer may sell/lease for less. Dealer order/trade may be necessary. While quantities last. Certain features only available on certain trims. Visit acuraqta.ca or your Acura dealer for details. © 2016 Acura, a division of Honda Canada Inc.

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Offers available from October 1-31 2016. ^$14,000 Cash Rebate is applicable on the cash purchase of a 2016 Titan XD Diesel Platinum Reserve (3CPD96 AA00/AA50) which will be deducted from the negotiated selling price before taxes. Cash rebate is not combinable with lease and finance offers. *Fully stackable clearance cash discount of $3,750 will be deducted from the negotiated selling price before taxes and is applicable only to customers purchasing, financing or leasing any new 2016 Sentra S MT (C4LG56 AA00). +Standard rate finance cash discount of $5,000 will be deducted from the negotiated selling price before taxes and is applicable only to customers financing any 2016 Rogue SL Premium (YDG16 BK00) through NCF at standard rates. The cash discounts cannot be combined with lease or finance subvented rates or with any other offer. **Loyalty/Conquest Cash("Offer") is available only to eligible customers who, in the 90 days preceding the date of lease/finance of an Eligible New Vehicle (defined below), have leased or financed a 2007 or newer Nissan, Honda, Toyota, Mazda or Hyundai brand vehicle (an "Existing Vehicle") within past 90-days. Eligibility for the Offer will be determined by Nissan Canada Inc. ("NCI") in its sole discretion. Proof of current ownership/lease/finance contract will be required. Offer is not transferrable or assignable, except to the current owner's spouse or a co-owner/co-lease of the existing vehicle (either of whom must reside within the same household as the intended recipient of the offer). Individuals who purchased/leased a vehicle under a business name can qualify for the program provided that the new deal is not a fleet deal and that the individual can provide valid documentation that they are the registered primary owner of the business. If the eligible customer elects to lease or finance a new and previously unregistered model year 2016 Nissan brand vehicle (excluding NV, Fleet and daily rentals) (an "Eligible New Vehicle") through Nissan Canada Finance Inc. (collectively "NCF"), then he/she will receive a specified amount of NCF Loyalty/Conquest Cash, as follows: (i) 2016 Altima ($2,000); (ii) 2016 Micra/Versa Note/Sentra ($500); (iii) 2016 Juke/Rogue ($600); (iv) 2016 Pathfinder ($800); (v) 2016 Titan XD ($1,000). Loyalty/Conquest Cash Dollars will be applied after taxes. Offer is combinable with other NCF incentives, but is not combinable with the Nissan Loyalty program. Offer valid on vehicles delivered between October 1-31, 2016. ^Models shown $37,474/$27,029 Selling price for a new 2016 Rogue SL AWD Premium (Y6DG16 BK00)/ 2016 Sentra 1.8 SR Premium CVT (C4SG16 RL00). All Pricing includes Freight and PDE charges ($1,795/$1,600) air-conditioning levy ($100), applicable fees, manufacturer's rebate and dealer participation where applicable. License, registration, insurance and applicable taxes are extra. Offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Vehicles and accessories are for illustration purposes only. See your dealer or visit Nissan.ca/Loyalty. See your participating Nissan retailer for complete details. Certain conditions apply. ©2016 Nissan Canada Inc.

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▲ 0% APR Purchase Financing is available on select new 2016, 2016.5 and 2017 Mazda models. Excluded on 2016 MX-5 and CX-9, 2017 CX-3, Mazda6 and MX-5 models. Terms vary by model.

A Upgrade Offer is available to qualifying reta i customers who cash purchase/f nance/lease a select new, in-stock 2016, 2016.5 and 2017 Mazda model from an authorized Mazda dealer in Canada between October 1 – 31, 2016. Amounts vary by model: $500 of all 2016 Mazda3/Mazda3 Sport, all 2016 and 2017 CX-3, all 2016 and 2016.5 CX-5, all 2016 and 2017 Mazda6, all 2016 and 2017 MX-5 and all 2016 CX-9. Upgrade Offer will be deducted from the negotiated price after taxes. Offer cannot be combined with Loyalty offer. See dealer for complete details.

Winter Tire Credit offer (value up to $500) va id on purchase or lease of a l new 2016, 2016.5 and 2017 Mazda models purchased/leased between October 1 – 31, 2016. Customer can substitute a cash discount of up to $500. Cash discount substitute applied before taxes. Wheels and installation extra. Winter Tire Credit Offer cannot be combined with Upgrade Offer or Loyalty Offer. Some conditions apply. See dealer for complete details.

‡ Offer available on retail leases of new 2016 Mazda3 GS (D45K66AA00) with a lease APR of 0.49% and 104 bi-weekly payments of $99 for 48 months, the total lease obligation is $11,827, including down payment (or equivalent trade-in) of $1,495. As shown, Offered Pricing for new 2016 Mazda3 GT (D41T66AA00) with a lease APR of 0.49% and 104 bi-weekly payments of $142 for 48 months, the total lease obligation is $16,254, including down payment (or equivalent trade-in) of $1,495. Lease payments include freight and P.D.E. of $1,695, $10 OMVIC fee (all models), $23.75 Tire Stewardship fee (all models), and $100 Air Conditioning charge (where applicable). PPSA of $75.28 and first monthly payment are due at lease inception. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ (12¢/km for CX-9 models) per km applies. Offers exclude HST. Offer(s) leasing available to retail customers only.

Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid October 1 - 31, 2016, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

A near-empty tank hurts the car's fuel pump and fuel filter. ISTOCK

Running on empty is full of problems

CAR CARE

Ignoring gas hurts the car's fuel system

Sami Haj-Assaad
AutoGuide.com

Some drivers see their car's fuel gauge as a nagging parent; it lights up urging you to refuel like your mom or dad would remind you to clean your room. But don't ignore your car's insistence on refueling, because you can damage your car by running it on empty.

We've all been in the situation where you're driving along, possibly singing a song, when suddenly "DING" a low fuel warning light pops up and ruins all your fun because you have to take a pit stop or detour and get gas. You're either the type of driver that gets really nervous or you're the complete opposite, relaxed because "empty" is just a guideline or friendly suggestion.

Here's what you should know, regardless of which type of driver you are. The warning light indicates that the fuel has reached the reserve level, which is about 10 to 15 per cent of your tank's total capacity. You can use that reference along with your car's average fuel economy to calculate your remaining range, but it's a good idea to not risk running the car until it's dry.

While standing on the side of the road with your empty car waiting for a tow truck or walking to the nearest gas station and returning with a jerry can is embarrassing enough, there's another serious concern that could impact your wallet. And it will be way more expensive than a tank of gas.

In your fuel tank, there is a contraption called a fuel pump, which sends the fuel from the tank to the engine. The fuel pump relies on the gasoline in the tank to keep it cool and lubricated. Running the car with a low tank means that the pump isn't staying as lubricated as it should and is at risk of overheating. The obvious downside to this is premature failure of the pump.

That's a pretty expensive repair. Failing fuel pumps will lead to poor performance, particularly with a car not accelerating smoothly or starting at all.

Your fuel pump also has a fuel filter, which can quickly get dirty if you drive with a low tank. Since any sediment or dirt sinks to the bottom of the tank, the fuel filter could end up getting blocked or could take in dirty fuel, which also has costly consequences.

Ignoring your car's low fuel warning is generally a bad idea, and running your car on empty can cause serious and costly problems to your car's fuel system.

Keep that in mind the next time your car nags you to visit the gas station.

7 CARS TOUTING THE TOP DRIVER TECHNOLOGY

These top car models have the highest customer satisfaction ratings in their categories from the inaugural J.D. Power Tech Experience Index Study, which measured overall customer experience with their in-car technology after 90 days of ownership. Over 17,000 consumers, who purchased or leased a new 2016 vehicle, were surveyed. JASON SIU/AUTOGUIDE.COM

Compact Car: Kia Forte

The **Kia Forte** scored highest in the Compact segment, followed by the Scion iM and the Mitsubishi Outlander.

Small Car

The **Hyundai Tucson** received the highest marks. Scion iA and the Fiat 500X ranked second and third.

Midsize Car

Chevy Camaro owners win out here. The Kia Sorento and Nissan Murano tied for second place.

Large Car

The **Nissan Maxima** scored highest. The Chevy Silverado Light Duty and GMC Sierra Light Duty follow.

Compact Premium

Owners of the popular **BMW 4 Series** love their tech. The Lexus IS and the Lincoln MKC ranked second and third.

Small Premium Car

The **BMW 2 Series** scored highest here. The Audi A3 comes in second, with the BMW X1 scoring third.

Midsize Premium Car

The **Hyundai Genesis** claim top honors, followed by the Cadillac CTS and Mercedes-Benz GLE-Class.

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Taking Canadian basketball to new heights

Danilo Djuricic is considered one of the best shooters in the world for his age. He recently announced his commitment to Harvard University, which had been recruiting him since Grade 9. CONTRIBUTED

WE THE NORTH

Who's holding court? These homegrown ballers have got next

Sean Deasy

It's no secret basketball is on the rise in Canada. It seems only fitting, since the sport's inventor, Dr. James Naismith, came from the Ottawa Valley.

Today, from neighbourhood playgrounds to pro arenas, more Canadian players are embracing a game that for so many years was overshadowed by hockey and, well, every other major professional sport. Now Canada can boast world-class athletes and coaches, who are honing their skills right at home and taking their country to new levels. Here's a glimpse of just some of the homegrown stars helping to put Canada on the basketball map.

Kia Nurse: Rising talent

Kia Nurse, a 20-year-old guard for the Connecticut Huskies and the Canadian national team from Hamilton, Ont., participated at the 2014 FIBA World Championship and won a gold medal at the 2015 Pan American Games. Seems young for such accomplishments? Nurse has always outperformed for her age. She began dribbling a basketball at age four, and was playing in a competitive league by age seven.

As a teenager Nurse won 10 provincial championships between her high school and club teams. Still in high school, she was invited to train with Canada's national team as a future prospect. Nurse played so well she earned a spot on the squad. Now she's set to take her game — and Canada — to new heights.

Dwight Powell: True power

Talk about real power — both brain and brawn. Not only is Dwight Powell a power forward for the Canadian national team and for the Dallas Mavericks, he's also a graduate of prestigious Stanford University.

He grew playing basketball in Toronto inspired by the Raptors and Canadian icon Steve Nash, but didn't get serious until middle school. He was a standout in high school in Florida, and went on to an illustrious college career. As a senior Powell earned first-team All-Pac-12 honours for the second straight year, and was named to the NCAA All-South Regional Team. He was also named the Pac-12 Scholar-Athlete of the Year. Now he's looking to help Canada grow in stature on the global basketball stage.

Clockwise from top left: Kia Nurse, Dwight Powell, Alyssa Jerome and Natalie Achonwa. CONTRIBUTED PHOTOS

Alyssa Jerome: Canadian U-18 phenomenon

What do you do growing up with a passion for basketball? You compete with anyone and everyone to get better. That's just what teenage phenom Alyssa Jerome has done in her hometown of Toronto. Did it work?

Jerome tried out for her provincial team — and made it. She then tried out for — and made — the national team. And in just her second year, she led the U-17s to a world championship. Now she's the No. 1 ranked U-18 player in Canada — at just 16. Now she's poised to take her game — and her studies — to the next level south of the border: She has just committed to Stanford University.

Danilo Djuricic: Shooting star

This is a baller whose shooting for the stars. Not only is six-foot-eight Danilo Djuricic a key player for the future of Canadian basketball, he's also one accomplished young man. The A-student recently announced his commitment to Harvard University, which has been recruiting him since he was in Grade 9. Considered one of the best shooters in the world for his age, Djuricic helped guide the Canadian team to a silver medal at the U-18 FIBA Americas in 2015. Djuricic, 17, who grew up in Brampton, Ont., was inspired by other hardworking Brampton ballers like Anthony Bennett. The forward is looking to continue to polish his game and, after graduation, has dreams of making it in the pro league.

Natalie Achonwa: Power broker

Natalie Achonwa knows how to get things done. Not only was the forward selected ninth overall in the WNBA draft by the Indiana Fever, but at just 23 she's already a two-time Olympian who has won three international medals with Team Canada. She is also the youngest player ever selected to the Canadian senior national team at age 16.

Achonwa was recruited as the first ever international player on the Notre Dame Fighting Irish women's basketball team. In 2011, Achonwa was named to the big east all-freshman team and was selected big east freshman of the week in her freshman season. In her junior season, she was named as an honorable mention for the Associated Press all-America team.

The Guelph-Ont.,-born baller is now looking forward to what the Canadian women's team is about to unleash on the rest of the basketball world.

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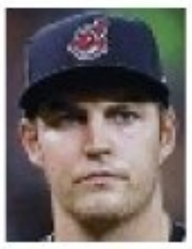
Investor Chris Hansen and the group looking to bring the NBA back to Seattle have offered to pay for a new arena with private funds

WORLD SERIES

Bauer gives pinkie finger a thumb's up

The last time the baseball world caught a glimpse of Trevor Bauer's mangled pinkie finger on his right hand, it was grotesquely dripping blood onto the pitching rubber in Toronto during the AL Championship Series.

Unlike most horror movies, however, Bauer has no plans for a sequel.



Trevor Bauer GETTY IMAGES

The Cleveland Indians pitcher is confident the mound will be blood free when he starts Game 2 of the World Series on Wednesday night against the Chicago Cubs. Bauer tested the finger — notoriously hurt while he was tinkering with a drone — during a simulated game on Monday. He wore gauze over the finger — a no-no during an actual game — just to see if it could withstand the pressure placed on it when Bauer grips the ball and lets it rip.

When Bauer unwrapped the finger after throwing about 20 pitches, he exhaled.

"We took it off and it was completely white, so it was a non-issue," Bauer said.

That was hardly the case in Game 3 of the ALCS, when Bauer lasted all of two outs, the still fresh wound ripping open and caking Bauer's jersey, pants and portions of the mound in blood.

THE ASSOCIATED PRESS

MATCHUP

Bauer, who went 12-8 with a 4.26 ERA in the regular season, will oppose Jake Arrieta (18-8, 3.10) in Game 2 Wednesday.

Go to metronews.ca for coverage of Game 1 of the World Series

DeMar DeRozan and the Raptors will open the regular season against the Pistons on Wednesday night at Air Canada Centre. CHRIS SCHWEGLER/NBAE VIA GETTY IMAGES

Raptors thinking of the big picture

NBA

Focused on 'little things' for success late in the season

They will search for perfection knowing full well it is unattainable, but the attempt to eliminate tiny mistakes and to learn from them in the middle of the grind of an NBA season will be what drives the Toronto Raptors.

They know they are good but not great. They have tasted playoff success few thought possible, but fell short of the ultimate goal. They go into the 82-game marathon that begins Wednesday night firmly aware that ridding themselves of bad habits in the next six months will be crucial to success in the playoffs.

"It seems like everything you do is a mistake because you want to do it completely right, because you know the small margin of error you have when playoff time comes," DeMar DeRozan said Tuesday on the eve of Toronto's season-opening outing against the Detroit Pistons at the Air Canada Centre.

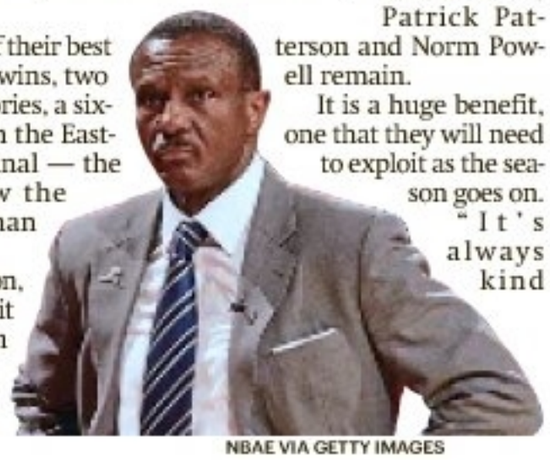
"You're really more concerned about the little things you mess up on because later in the season, late in games, that's what decides whether you win or lose."

This is a season unlike any other in the franchise's history. Coming off their best season ever — 56 wins, two playoff series victories, a six-game trip through the Eastern Conference final — the Raptors are now the hunted rather than the hunter.

Teams like Boston, Indiana and Detroit are taking dead aim at them. The Raptors are a measuring stick and that's never been the case in the 22-year history of the team.

They return the basic core of last year's team — the injured Jared Sullinger is the nominal Bismack Biyombo alternative — and that continuity has to count for something. Four of Wednesday night's five starters started Game 1 last year. Backups Cory Joseph, Terrence Ross, Patrick Patterson and Norm Powell remain.

> **We have to be the hardest working team.**
> Raptors coach Dwane Casey



NBAE VIA GETTY IMAGES

It is a huge benefit, one that they will need to exploit as the season goes on.

"It's always kind of been our advantage the last couple of years, the camaraderie, the knowing one another, the coaching staff," DeRozan said. "Not too much changes and we kind of lean on that a lot ... hopefully it'll pull through for us now, especially with the injuries we have, a couple guys down."

The down guys are Sullinger and Lucas Nogueira and that represents a huge dent in Toronto's front court. But during this ascension through the East — more wins each of the last four seasons than the one previous — coach Dwane Casey has dealt with injuries and his message has never wavered.

This year, despite the success of 2015-16, is no different.

"We have to be the hardest-working team ... we have to do it collectively as a group and we've got to have the same mentality," he said.

"I know you guys get tired of hearing me say the same thing, but it's about consistency. That's not going to change."

TORSTAR NEWS SERVICE

The Cavaliers raise their championship banner before their game against the Knicks on Tuesday. EZRA SHAW/GETTY IMAGES

NBA

Cavaliers open title defence with a win

LeBron James had his 43rd career triple-double, Kyrie Irving scored 29 points and the Cleveland Cavaliers, who raised their championship banner before the game, beat the New York Knicks 117-88 on Tuesday night in the NBA season opener.

James scored 19 points and added 11 rebounds and 14 assists in front of a raucous home crowd that was on its feet from the pre-game ceremony until late in the game, celebrating the city's first championship in 52 years.

TUESDAY In Cleveland

117	88
CAVALIERS	KNICKS

Irving scored 19 points in the third quarter, when Cleveland used a 20-4 run to take a 74-53 lead.

Carmelo Anthony led New York with 19 points.

THE ASSOCIATED PRESS

TFC pleasing their president

MLS PLAYOFFS

Toronto has exceeded goals set by Manning in preseason

After Toronto FC crashed out of Major League Soccer's playoffs last season — following a lopsided knockout-round loss to the rival Impact in Montreal — newly-minted president Bill Manning went public with lofty goals for the 2016 season.

He wanted more than 50 points from a team that collected a franchise-record 49 in 2015. He wanted the Reds' porous defence, which conceded a league-worst 58 goals last season, to get that number below 45. When it was later announced that Toronto FC would play its first eight games on the road, Manning said he wanted at least eight points from that stretch.

TFC president Bill Manning TORSTAR NEWS SERVICE

The book is now closed on that regular season. Toronto kicks off its playoff run against the Philadelphia Union at BMO Field Wednesday night, with the winner advancing to the Eastern Conference semifinals.

> We're expecting more of our players; we're expecting more of ourselves and the organization as a whole. We're really looking forward to treading new ground.
> TFC president Bill Manning

The Reds exceeded all of Manning's expectations. They managed a 53-point season — 11 of them in that early extended road trip — and conceded just 39 goals along the way.

Mathematically, it's their best-ever season. Manning himself said Tuesday it was a good year. But the club also knows that fans largely judge success by playoff performance.

"We'd all be disappointed if we were one and out," Manning said.

The collective spirit, he said, is that the club hasn't done anything yet.

"It shows a bit how we have changed the culture here at TFC and we're expecting more. We're expecting more of our players; we're expecting more of ourselves and the organization as a whole. We're really looking forward to treading new ground."

General manager Tim Bezbatchenko says it was brave of the club to make its season-long goals public, and hopes the Reds won't have to sit down and evaluate the year until after a shot at the MLS Cup on Dec. 10. But if that time comes sooner, there will be disappointment.

TORSTAR NEWS SERVICE

Toronto FC players celebrate a goal during what is mathematically their best season ever, registering 53 points, 11 of those during eight road games at the start of the season. VAUGHN RIDLEY/GETTY IMAGES

IN BRIEF

Sturridge double sends Liverpool into quarters

Liverpool striker Daniel Sturridge and Arsenal winger Alex Oxlade-Chamberlain both scored twice to secure passage for their youthful teams into the quarterfinals of the League Cup on Tuesday.

Sturridge's double eliminated Tottenham with a 2-1 victory at Anfield, his first Liverpool goals since also netting twice in the League Cup in August. Oxlade Chamberlain's brace knocked out Reading.

THE ASSOCIATED PRESS

Argentine Messi, arguably the greatest player of all time, is showing no signs of slowing down. DAVID RAMOS/GETTY IMAGES

LA LIGA

Messi outscoring Madrid trio

By himself, Lionel Messi has already scored more than Real Madrid's top three forwards combined.

The Barcelona star is off to one of the best starts of his career with 14 goals in 11 matches, two more than what Cristiano Ronaldo, Gareth Bale and Karim Benzema have netted so far with Madrid. And Messi has done it despite being sidelined for three weeks because of an injury.

"Messi has been superb," Barcelona coach Luis Enrique said simply. The Argentina forward hadn't started a season with so many goals since 2011-12, when he scored 14 times in 10 matches.

So far, Messi has already scored eight more goals than he did last season at the same point. He has two hat tricks and is the leading scorer in both the Spanish league and the Champions League. In his last six games, he has scored 11 goals, with six coming in the three games he played since recovering from a right groin strain. Messi's rivals at Madrid have not come close to him this season.

Ronaldo has nine goals, but that includes five with Portugal in World Cup qualifying. He is currently in a slump in the Spanish league with only two in six matches.

"I prefer that he always scores two or three goals a game but I'm not worried," Madrid coach Zinedine Zidane said Tuesday. He'll score soon and everyone will relax." Benzema scored his fourth goal of the season in a Spanish league game last weekend, while Bale has netted seven times in 14 appearances. Three of his goals came in three World Cup qualifiers with Wales.

THE ASSOCIATED PRESS

IN BRIEF

Stamkos hammers Leafs
Steven Stamkos wasted little time Tuesday night reintroducing himself to his hometown.

The Tampa Bay star scored on his first shift of the game, and finished with two goals and two assists as the Lightning went on to beat the Maple Leafs 7-3 in Toronto. THE CANADIAN PRESS

Zajac hits two in Devils' win
Travis Zajac scored twice in the final 2:01 to lead the New Jersey Devils over the Arizona Coyotes 5-3 on Tuesday night.

Taylor Hall scored twice and Adam Henrique also had a goal for New Jersey, which is 3-0-0 at home.
THE ASSOCIATED PRESS

Crosby returns to tame Panthers

Penguins centre Sidney Crosby skates over the Panthers' Shane Harper on Tuesday night. FRED VUICH/THE ASSOCIATED PRESS

NHL

Pittsburgh captain scores after missing first six games

Sidney Crosby scored in his season debut as the Pittsburgh Penguins rallied to beat the Florida Panthers 3-2 on Tuesday night.

Crosby, who scored on a power play, missed the team's first six games with a concussion. Carl Hagelin and Eric Fehr also scored for the Penguins, who extended a seven-game unbeaten streak against the Panthers.

Marc-Andre Fleury, who has started the first seven games of the season for Pittsburgh, stopped 20 shots. Matt Murray, who backstopped the Penguins to a Stanley Cup in June, served as the backup to Fleury after missing the first six games with a broken hand.

Reilly Smith scored a power-play goal and Mark Pysyk also scored for the Panthers, who have lost 11 of 12 against the Penguins in Pittsburgh.

Former Leafs goalie James Reimer made 19 saves in his second start of the season. Crosby cut the Panthers' lead to 2-1 in the second period. Crosby had to reach for a pass from Evgeni Malkin, but recovered to whip a shot from the slot over Reimer's shoulder. Hagelin tied it in the third when he sent a shot underneath Reimer's arm during a 2-on-1. Fehr put the Penguins in front for good when he one-timed a pass from Tom Kuhnhackl between Reimer's legs.

Crosby, the two-time MVP and reigning Conn Smythe Trophy winner, hasn't played since sustaining a concussion in practice earlier this month. Crosby participated in a full-contact practice Monday for the first time since suffering his third concussion in six years. He called his participation in practice a major milestone in his recovery.
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TUESDAY In Pittsburgh

3	2
PENGUINS	PANTHERS

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DOMESTIC VIOLENCE

Giants cut PK amid revelation of abuse

The New York Giants released placekicker Josh Brown on Tuesday, six days after police documents revealed he admitted repeatedly abusing his former wife while they were married.

The move came shortly after the player issued a statement insisting that he never hit his wife during a six-year period when he admits spousal abuse.

Giants president John Mara indicated the Giants did not know the full extent of Brown's problem until last week.

"We hope that Josh will continue to dedicate himself to rehabilitation, and to becoming a better person and father," Mara said in a statement. "We will continue to support him in his efforts to continue counselling, and we hope that Josh and his family can find peace."

THE ASSOCIATED PRESS

Circus catches easy for Green

A.J. Green catches a touchdown pass in heavy traffic against the Browns on Sunday. GARY LANDERS/THE ASSOCIATED PRESS

NFL

Cincinnati receiver wows teammates and foes alike

A.J. Green took up juggling when he was in grade school, learning how to toss and catch all sorts of things without dropping them. It was fun and it developed his co-ordination.

Now, anything near his fingertips seems to stick. The Bengals receiver pulled off one of the most amazing plays of the NFL season during a 31-17 win over the Browns on Sunday.

In the middle of a scrum in the end zone, he jumped, tipped a desperation pass to himself, and pulled it in with one hand while being pulled down by a defender.

His 48-yard touchdown on the last play of the first half put the Bengals (3-4) in control and left everyone amazed.

"If it's not the play of the year, there has to be one that's really, really good," said Andy Dalton, who heaved the ball into the end zone so Green could work his magic.

"For how he tipped it, and then it went off someone else, and then he goes and gets it with one hand — it just goes to show how good his hands are."

He put on a real show.

Later, Green beat a defender down the right sideline and made another one-handed catch for another 48-yard gain. He was looking back into the sun and didn't see the ball until the last instant, forcing him to take a stab at it with one hand.

"At the last second, I put my hand out," Green said. "It was the only way to get it."

He's been getting pretty much everything, in what's shaping up as his best season yet. Green, a first-round pick in 2011, leads the NFL with 50 catches and is second to Atlanta's Julio Jones in yards receiving with 775. He's got two of the top 10 games in yards this season at 180 and 173.

What's most impressive is the degree of difficulty on many of his catches. He pulled one down so impressively during a Thursday night win over the Dolphins that the postgame broadcast crew had him juggle three oranges to demonstrate his co-ordination.

The pair of one-handed catches on Sunday — part of a 169-yard performance — was stunning. When Green held up the ball to show he'd made the TD catch, a bevy of Browns defenders stood in disbelief that he'd somehow come up with it.

"I think it sucked the life out of them," Bengals running back Jeremy Hill said.

> **If it's not the play of the year, there has to be one that's really, really good.**
>
> Andy Dalton, on Green's TD ending the first half

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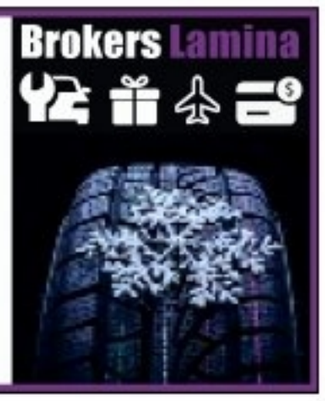

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RECIPE Slow Cooker Butter Chicken

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This takeout classic gets a healthy update with coconut oil but if you don't have any on hand, use butter and get an equally delicious result.

Ready in 6 to 8 hours
Prep time: 10 minutes
Cook time: 6 to 8 hours
Serves 4

Ingredients
- 2 lb chicken thighs or breasts, cut into bite-sized pieces
- 1 onion, chopped
- 3 or 4 cloves of garlic, minced
- 1 tsp minced ginger
- 1 5 oz tube of tomato paste
- 1 heaping Tbsp curry powder
- 1 14 oz coconut milk
- 1/2 cup Greek yogurt
- 1/4 cup milk
- 2 Tbsp coconut oil
- small handful of cilantro for garnish

Directions

1. Put everything in the slow cooker and stir it all around.

2. Close the lid.

3. Set the timer for 6 hours. Don't worry if you need to be away from home for 8 hours or longer — it will be okay.

4. Serve with a big spoonful of jasmine rice and a sprinkling of cilantro.

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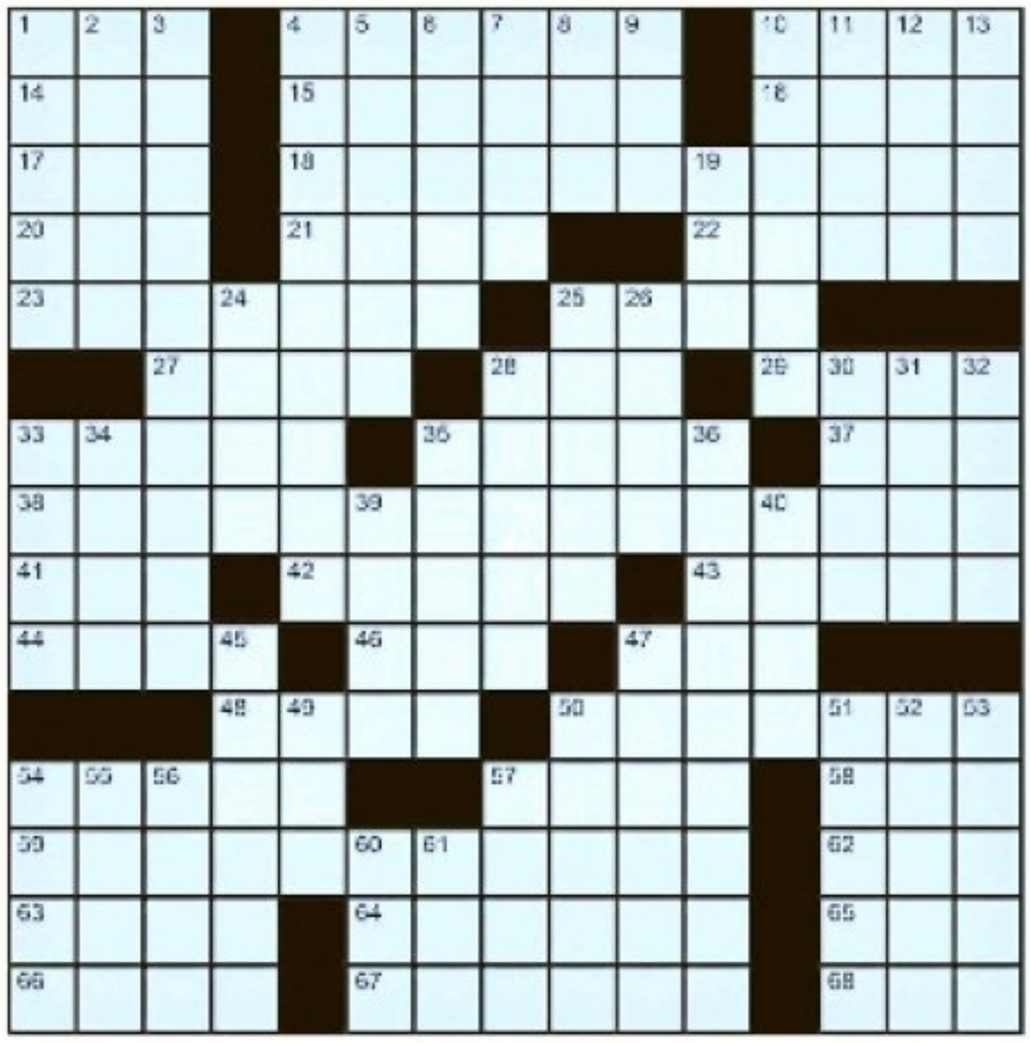
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "Party Hard" singer Andrew, et al.
4. "I'm Sorry": 1960 chart-topper for _ Lee
10. Tomato variety
14. Excavated deposit
15. Fix the food portions
16. Malefic
17. French body of water
18. Strenuosity
20. Evergreen tree
21. "Buenos _!"
22. Connecting points
23. Greg, to Carol Brady
25. _-Flush
27. Heartburn relief brand
28. Car engine's need
29. Survive
33. Ms. Belafonte of '80s TV show "Hotel"
35. Creaky location in many horror movies
37. 'Auction' suffix
38. Prince Charles since #59-Across' reign began in 1952: 4 wds.
41. "Whistle _ the Lave O't": Song by Scottish poet Robert Burns
42. Dragged into court
43. Moms of cousins
44. _ bargain
46. Outlying
47. Canadian politicians, e.g.
48. I _ You! (Away-from-home sentiment)
50. Skilfulness
54. Paxton and Evans
57. Rockefeller Center muralist
58. Mary _ Retton
59. Mum of the royal guy at #38-Across: Name + Roman Numeral
62. Hasty escape
63. Business' symbol on letterhead
64. Men's business-wear accessory, variantly: 2 wds.
65. Belief system
66. Comic books legend Mr. Lee
67. Concentrating/focused: 2 wds.
68. Swine's farm area

DOWN
1. Mr. Blitzer's of CNN
2. Brightly banded snake
3. Writer's fancy-sounding desk
4. Former CFL player who hosts Food Network's "Chopped Canada": 2 wds.
5. Cosine and sine
6. _ Frome (1911 Edith Wharton novel)
7. Naughts
8. _-eyed
9. _-Man (Marvel Comics superhero)
10. Drawback from sudden fear
11. Love poet of ancient Rome
12. Stage setting, _-en-scene
13. Charity contributions
19. Weekend getaway accommodation
24. Happy meower's noise
25. Located
26. Descended, as from a perch
28. Survey selection
30. "_ Flux" (2005) starring Charlize Theron
31. Placed the envelope in the box
32. Very, in Verdun
33. Store
34. Manolo Blahnik part
35. 1957 Ayn Rand novel, _ Shrugged
36. Dried lips balm
39. Clods
40. Autumn shade
45. Books-selling website
47. Shriver and Sharapova
49. Patience _ _ virtue
50. Zubin _ (Celebrated conductor)
51. Actress, Tracee _ Ross
52. _ beef
53. Delicious
54. Salts, in Sherbrooke
55. Much: 2 wds.
56. Latvia's capital city
57. Leave the text in
60. Post-Guess Who gr.
61. German article

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You will be delighted by any chance to travel for pleasure today. This also is a good day to explore opportunities in publishing, the media, medicine and the law.

Taurus April 21 - May 21
Keep your pockets open, because gifts, goodies and favors from others will come your way today. People are just generous to you!

Gemini May 22 - June 21
This is a lovely day to relate to others, especially partners and close friends. Feelings of generosity and well-being will bless all your relationships today.

Cancer June 22 - July 23
Work-related travel is likely today. If so, this is something you will enjoy. Meanwhile, praise and assistance from others will make your job easier. Yay!

Leo July 24 - Aug. 23
This is a wonderful, creative day! It's a great day to enjoy sports events and playful activities with children. All social activities, including romantic rendezvous, will please you.

Virgo Aug. 24 - Sept. 23
Today is a much better day to make decisions about home-decorating projects. It's also a good day to entertain at home, as well as to explore real-estate opportunities.

Libra Sept. 24 - Oct. 23
You are in top form today! You're charming, diplomatic and happy to talk to everyone. Appreciate the beauty of your everyday surroundings. Appreciate the love in your world.

Scorpio Oct. 24 - Nov. 22
This is a good day for business and commerce, because you can see ways to boost your assets. You might get a raise or a better job, or you might make a perfect purchase..

Sagittarius Nov. 23 - Dec. 21
You are so charming today! Everyone wants to see your face. In turn, you feel loved and happy. Enjoy your day!

Capricorn Dec. 22 - Jan. 20
Secret love affairs are taking place for some of you. (You know who you are.) Others will enjoy solitude in beautiful surroundings. Perfect.

Aquarius Jan. 21 - Feb. 19
This is a popular day for you! Enjoy schmoozing with others. Classes, meetings and groups will be a positive experience for you. In fact, all of your interactions with others will benefit you today.

Pisces
Feb. 20 - March 20
You might develop a crush on your boss today. Others will approach you for advice on how to make something look more attractive. Don't hesitate to speak your mind.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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	6					9		1
	5	4	6	3	9	7		
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				8				7

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6	4	2	3	9	1	5	8	7
4	5	1	8	3	9	7	2	6
7	8	9	5	6	2	3	4	1
2	6	3	1	7	4	9	5	8
8	3	6	9	4	5	1	7	2
1	2	5	7	8	6	4	3	9
9	7	4	2	1	3	8	6	5

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